

Breakfast Menu

Delong Middle School

Grab N Go Breakfast Bags by Door #2

- Option #1 - Peanut Butter & Jelly Uncrustable, Juice & Milk
- Option #2 - Apple Cinnamon Muffin, String Cheese, Juice & Milk
- Option #3 - Banana Muffin, String Cheese, Juice & Milk
- Option #4 - Blueberry Muffin, String Cheese, Juice & Milk
- Option #5 - Chocolate-Chocolate Chip Muffin, String Cheese, Juice & Milk
- Option #6 - Cereal Bar, String Cheese, Juice & Milk
- Option #7 - Whole Grain Pop Tart, String Cheese, Juice & Milk

Juice

- Monday - Fruit Punch
- Tuesday - Apple
- Wednesday - Orange Tangerine
- Thursday - Kiwi Strawberry
- Friday - Berry



Hot Entrees

- Monday - French Toast Sticks
- Tuesday - Egg & Cheese on an English Muffin
or
Sausage & Cheese on an English Muffin
- Wednesday - Breakfast Pizza
- Thursday - Pancake & Sausage on a Stick
- Friday - Ham & Cheese on an English Muffin
Or
Omelet & Hashbrown

The Following Breakfast Items are also sold a la Carte in the Cafeteria . . .
Milk . . . 100% Juice . . . Nutrigrain Bars . . . Cereal . . .
Yogurt . . . Bagels . . . String Cheese . . . Muffins . . .
Peanut Butter & Jelly Uncrustable



Breakfast Prices

- \$1.25 Paid
- \$.30 Reduced
- \$1.45 Adult

Ala Carte Items Individually Priced

Students who are approved for free meals qualify for one USDA breakfast and lunch.

Breakfast Served 7:20 a.m. - 7:40 a.m. in the Cafeteria or Grab & Go by Door #2

Choice of Milk & Juice offered with all USDA meals.

Menus subject to changed due to availability!

Lisa Smith - Kitchen Manager

852-4906